

One Bread

A weekly devotional message for the family

One Bread, One Body, One Family

We are called to be a member of the church. A member of the church, this means that we become a member of the body of Christ, a member of His family;

"For this cause I bow my knees unto the Father of our Lord Jesus Christ, of whom the whole family in heaven and earth is named" (Eph.3:14-15).

Christ is the Head

In this family, there is one head, Christ

"And hath put all *things* under his feet, and gave him *to be* the head over all *things* to the church, (23) Which is his body, the fulness of him that filleth all in all" (Eph. 1:22-23). Christ is the head.

"Now therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God; (20) And are built upon the foundation of the apostles and prophets, Jesus Christ himself being the chief corner *stone*; (21) In whom all the building fitly framed together groweth unto an holy temple in the Lord: (22) In whom ye also are builded together for an habitation of God through the Spirit."(Eph. 2:19-22). We are of the household of God, built on Christ.

We are called to be a family - United

"A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another" (Jn.13:34-35). Every member should love one another as Christ loved us.

"And they continued stedfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers. (43) And fear came upon every soul: and many wonders and signs were done by the apostles. (44) And all that believed were together, and had all things common; (45) And sold their possessions and goods, and parted them to all *men*, as every man had need. (46) And they, continuing daily with one accord in the temple, and breaking bread from house to house, did eat their meat with gladness and singleness of heart, (47) Praising God, and having favour with all the people. And the Lord added to the church daily such as should

be saved”(Acts 2:42-47). Teaching, preaching, and praying together. From this we will see great miracles.

” And the multitude of them that believed were of one heart and of one soul...” (Acts 4:32a).

"And let us consider one another to provoke unto love and to good works: Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching" (Heb.10:24-25). We are called to gather together for the purpose of worshipping and hearing the preaching of the word.

"That their hearts might be comforted, being knit together in love, and unto all riches of the full assurance of understanding, to the acknowledgement of the mystery of God, and of the Father, and of Christ; In whom are hid all the treasures of wisdom and knowledge" (Col.2:2-3).

As we come together as one and pray and read the word, the Lord will knit our hearts together, and we shall understand the treasures and wisdom of God.

From One Bread - The Symbol of the Church

“The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? For we being many are one bread, and one body: for we are all partakers of that one bread” (1Cor.10:16-17).

As a family let us remember that Christ is the head. Let us remember that we are commanded to love one another. We are called to come together to pray and hear the reading of the word. Together we shall see great things. Together we shall grow in the grace of God.